

STARTERS

GF V Marinated Olives £5.50	Dolmadakia £6.90 V GF <i>Vine leaves stuffed with rice and aromatic herbs (served cold)</i>
GF V Melitzana Agioritiki £7.00 <i>Light, aromatic baked aubergine with garlic, herbs and feta. Served with pitta bread</i>	Manitaria Gemista £8.40 V GF <i>Mushrooms filled with spinach, cooked in a creamy sauce and topped with melted kasseri cheese</i>
GF V Tzatziki £7.00 <i>Greek yoghurt with cucumber, garlic and dill. Served with pitta</i>	Fasolia Gigantes £6.90 V GF <i>Giant white beans in tomato sauce</i>
GF V Htipiti £7.50 <i>A spicy feta cheese and Greek yoghurt dip. Served with pitta</i>	Keftedes Me Saltsa £8.90 <i>Homemade meatballs in aromatic tomato sauce with potato and garlic purée</i>
Taramas £7.80 <i>Cod's roe mixed with olive oil and lemon juice. Served with pitta</i>	Loukaniko Sharas £8.50 <i>Traditional grilled sausage with pitta bread and honey-mustard sauce</i>
GF V Hummus £7.00 <i>Mashed chickpeas with lemon, garlic and tahini. Served with pitta</i>	Loukaniko Spetsofai £8.80 <i>Traditional recipe with Greek sausage, peppers, tomato, herbs, and white wine. Served with a slice of brioche</i>
GF V Greek Dips Selection £7.80 <i>Tzatziki, hummus, melitzana agioritiki and htipiti. Served with pitta</i>	Stuffed Melitzana £7.80 V GF <i>Baked aubergine stuffed with tomato sauce and caramelised onions</i>
V Spanakopita £7.90 <i>Traditional spinach and feta pie</i>	
V Kolokithakia £8.30 <i>Crispy fried courgette chips served with tzatziki</i>	Antipasti for Two £18.50 <i>Anchovies, mackarel, seafood salad, olives, sweet mixed peppers stuffed with cream cheese, dolmadakia, taramas, fava, cherry tomatoes and pitta</i>
GF V Fava £7.50 <i>Yellow bean purée with caramelised onions</i>	
GF V Quinoa Sorbet £7.90 <i>Spring onions, peppers, garlic, cranberries and quinoa grain topped with lemon sorbet</i>	

CHEESE STARTERS

GF V Mpougiourdi £9.20 <i>Baked Epirus feta topped with tomato, peppers and melted kasseri cheese. Served with bread</i>	Balitses Tirion £8.80 V GF <i>Fluffy Greek cheese balls, fried and served with a sweet marinated fruit sauce</i>
GF V Talagani (halloumi) £8.20 <i>Peloponnese handmade cheese, served with balsamic and sweet marinated fruit sauce</i>	Feta Saganaki £9.50 V <i>Feta melted in a pocket of filo pastry with sesame seeds and honey</i>

TASTE OF AEGEAN STARTERS

GF Garida Saganaki £10.50 <i>Sautéed prawns in tomato sauce with mixed peppers, feta and olive oil. Served with bread</i>	Seafood Salad £8.50 GF <i>Mix of prawns, octopus and squid marinated in garlic, white wine and lemon juice (served cold). Served with pitta bread</i>
Calamari £9.50 <i>Fried squid served with mint yoghurt</i>	Gavros £7.80 GF <i>Fresh anchovy fillets with rocket salad & lemon dressing (served cold)</i>
Psarakia Tiganita £9.20 <i>Fried whitebait served with mint yoghurt</i>	Htenia £10.80 <i>Sautéed scallops served with taramas</i>
Mydia £12.90 <i>Steamed mussels with ouzo, herbs, onions and carrots</i>	Fava Htapodi £15.20 GF <i>Grilled octopus with yellow bean purée</i>
	Marinated Octopus £14.80 GF <i>Grilled with olive oil. Served with onion and balsamic</i>

SALADS

GF V Greek Salad £12.50 <i>Classically Greek. A delicious mixed salad of tomatoes, cucumber, olives, onions, pepper, feta cheese, olive oil and vinegar dressing and sprinkles of fresh oregano</i>	Manitari £11.80 V GF <i>Sautéed mushrooms, lettuce, sundried tomatoes, kefalograviera hard cheese and chef's homemade dressing</i>
GF Kotopoulo £14.90 <i>Sliced grilled chicken, lettuce, cherry tomatoes, garlic croutons, kefalograviera and our chef's special homemade dressing</i>	Aegean £15.50 GF <i>Mix of prawns, octopus and squid marinated in garlic, white wine and lemon juice. Served with mixed peppers, lettuce, cherry tomatoes, gherkins and garlic oil dressing</i>
GF V Kalokairi £13.90 <i>Summer salad with lettuce, rocket, carrots, grapes, strawberries, nuts, talagani cheese and balsamic sauce</i>	Dakos Kritikos £9.50 V <i>Cretan rusks topped with tomato, feta, olives and olive oil</i>



PASTA *gluten-free pasta available

- 🍷 **Linguini Kotopoulo** £17.50
Chicken and mushroom pasta with mastiha cream sauce
- 🍷 **Cretan Style Carbonara**..... £17.50
Penne pasta with smoked pork, cream, garlic, white wine and graviera cheese
- 🍷 **Linguini Garides**..... £18.90
Prawns, shellfish bisque, cream, peppers, onion and garlic
- 🍷 **Penne Solomou**..... £18.90
Salmon, ouzo, shellfish bisque, cream, courgette, peppers and garlic

- Linguini Greek** £14.80 🍷🍷
Cherry tomatoes, olive oil, feta, olive and tomato herb sauce
- Kritharoto Seafood**..... £19.60
Orzo pasta with prawns, mussels, calamari, octopus, turmeric and peppers
- Truffle Kritharoto** £16.90 🍷
Orzo pasta with mushrooms, truffle oil and graviera cheese

TRADITIONAL DISHES

- Moussakas** £18.50
Layers of aubergine, potato, lean beef mince, and béchamel sauce. Served with Greek Salad
- 🍷 **Vegetable Moussakas** £18.50
Layers of aubergine, courgette, Quorn mince, feta, potato and béchamel sauce. Served with Greek Salad
- 🍷 **Stifado Beef**..... £18.20
Festherblade of beef with shallots, pot roasted in tomato sauce. Served with rice
- 🍷 **Kotopoulo Lemonato**..... £16.30
Slow roasted lemon chicken. Served with baked lemon potatoes
- 🍷🍷 **Stuffed Melitzana** £15.80
Baked aubergine stuffed with tomato sauce and caramelised onions

- Pastitsio** £17.50
A Greek family favourite. Baked pasta with lean beef mince, feta and béchamel sauce. Served with Greek Salad
- Kleftiko**..... £19.60
Filo pastry filled with slow roasted lamb loin, potatoes, vegetables, and a variety of cheeses. Served with red wine gravy and potato purée
- Beef Giouvestsi** £18.50
Traditional Greek style beef stew in orzo pasta and tomato sauce. Topped with cheese and baked
- Gemista** £15.80 🍷🍷
Tomato and pepper stuffed with rice and herbs. Served with lemon and herb baked potatoes

THALASSINA (FROM THE SEA)

- 🍷 **Lavraki** £19.90
Grilled sea bass served with spinach rice (an authentic recipe of Northern Greece)
- 🍷 **Lavraki Fava**..... £19.80
Grilled sea bass with fava bean purée, caramelized onions, rocket, lemon and olive oil dressing
- 🍷 **Tiganites Garides**..... £25.90
Fried king prawns. Served with cold salad of quinoa grain, spring onion, pepper, garlic & cranberries, with lemon sorbet

- Fish Grill**..... £29.00 🍷
Grilled salmon, sea bass, king prawns and scallops. Served with potato purée and green beans
- Bakaliaros Lefkos**..... £18.80 🍷
Baked cod with white wine, lemon, carrots and courgettes. Served with potato purée

MEATS

- 🍷 **8oz. Fillet Steak** £32.90
Served with baked potatoes and mixed leaf salad
Add our chef's special Mavrodaphne (sweet red wine) gravy £2.50
Add Peppercorn or creamy mushroom sauce £2.00
- 🍷 **Souvlaki** £19.20
Marinated pork tenderloin grilled on a skewer. Served with fries, tzatziki, pitta and onions
- 🍷 **21oz. Pork Tomahawk** £21.80
Free range finest pork tomahawk grilled to perfection. Served with baked potatoes and mixed leaf salad

- Gemisto Pork**..... £21.80 🍷
Pork fillet stuffed with Greek hard cheese and sweet red pepper. Served with creamy mushroom sauce and choose from: rice or fries
- Souvlaki Kotopoulo**..... £18.90 🍷
Marinated chicken skewer. Served with spinach rice (authentic recipe of Northern Greece) mixed salad and pitta
- Lamb Chops**..... £23.80 🍷
Grilled and served with baked potatoes and pitta
- Gemisto Bifteki**..... £19.20
Homemade grilled burger stuffed with gouda cheese. Served with fries, salad, and feta sauce

MIX GRILL

- 🍷 **Athena Mix Grill**..... £26.50
A traditional grilled meat feast: pork skewer, burger, lamb chop, Greek sausage and chicken fillet. Served with tzatziki, honey-mustard mayonnaise, pitta and a choice of fries or rice

- Athena Mix Grill for 2** £49.90 🍷
Athena Mix Grill doubled plus a Greek salad and extra pork shoulder steak. Served with a choice of rice or fries

SIDE DISHES

- 🍷🍷 **Fries**..... £4.20
Add grated kefalograviera cheese..... £1.00
- 🍷🍷 **Loaded fries**..... £5.90
With feta sauce and bacon bits
- 🍷🍷 **Lemon and herb baked potatoes** . £5.00
- 🍷🍷 **Aromatic rice**..... £4.30

- 🍷🍷 **Baked vegetables**..... £4.80
- 🍷🍷 **Feta** £5.00
- 🍷🍷 **Small Greek salad** £5.90
- 🍷🍷 **Spanakorizo (spinach rice)**..... £5.00

- 🍷 **Pitta bread for one** £1.00
- 🍷 **Pitta bread for two** £2.00
- 🍷🍷 **Gluten free pitta bread** £1.30